**On Fire Fit**

God’s Promises/My Identity in Christ

My suggestion for the most impact is to look up the verse and write it down. I used a journal and wrote out a few verses every day. You can use these in the practice throughout this book. Add more verses and promises as you find them in Scripture!

1. I am a child of God. John 1:12
2. I have peace with God. Romans 5:1
3. The Holy Spirit lives in me. 1 Corinthians 3:16
4. I have access to God’s wisdom. James 1:5
5. I am helped by God Hebrews 4:16
6. I am reconciled to God. Romans 5:11
7. I am not condemned by God. Romans 8:1
8. I am justified. Romans 5:1
9. I have Christ’s righteousness Romans 5:19, 2 Corinthians 5:21
10. I am Christ’s ambassador 2 Corinthians 5:20
11. I am completely forgiven Colossians 1:14
12. I am tenderly loved by God Jeremiah 31:3
13. I am the sweet fragrance of Christ to God 2 Corinthians 2:15
14. I am a temple in which God dwells 1 Corinthians 3:16
15. I am blameless and beyond reproach Colossians 1:22
16. I am the salt of the earth Matthew 5:13
17. I am the light of the world Matthew 5:14
18. I am a branch on Christ’s vine John 15:1,5
19. I am Christ’s friend John 15:5
20. I am chosen by Christ to bear fruit John 15:6
21. I am a joint heir with Christ, sharing His inheritance with Him Romans 8:17
22. I am united to the Lord, one Spirit with Him 1 Corinthians 6:17
23. I am a member of Christ’s body 1 Corinthians 12:27
24. I am a saint Ephesians 1:1
25. I am hidden with Christ in God Colossians 3:3
26. I am chosen by God, holy and dearly loved Colossians 3:12
27. I am a child of the light 1 Thessalonians 5:5
28. I am holy, and I share in God’s heavenly calling Hebrews 3:1
29. I am sanctified Hebrews 2:11
30. I am one of God’s living stones, being built up in Christ as a spiritual house. 1 Peter 2:5
31. I am a member of a chosen race, a royal priesthood, a holy nation, a people for God’s own possession and created to sing His praises. 1 Peter 2:9-10
32. I am firmly rooted and built up in Christ Colossians 2:7
33. I am born of God, and the evil one cannot touch me. 1 John 5:18
34. I have the mind of Christ. 1 Corinthians 2:16
35. I may approach God with boldness, freedom and confidence Ephesians 3:12
36. I have been rescued from Satan’s domain and transferred into the Kingdom of Christ. Colossians 1:13
37. I have been made complete in Christ Colossians 2:10
38. I have been given a Spirit of power, love and self-discipline 2 Timothy 1:7
39. I have been given great and precious promises by God. 2 Peter 1:4
40. My needs are met by God. Philippians 4:19
41. I am a princess in God’s Kingdom John 1:12
42. I have been bought with a price, and I belong to God. 1 Corinthians 6:19,20
43. I have been adopted as God’s child. Ephesians 1:5
44. I have direct access to God through the Holy Spirit. Ephesians 2:18
45. I am assured that all things are working together for good. Romans 8:28
46. I am free from any condemning charges against me. Romans 8:31
47. I cannot be separated from the love of God. Romans 8:35
48. I have been established, anointed, and sealed by God. 2 Corinthians 1:21, 22
49. I am confident that the good work that God has begun in me will be perfected. Philippians 1:6
50. I am a citizen of heaven. Philippians 3:20
51. I am a personal witness of Christ’s. Acts 1:8
52. I am God’s coworker. 2 Corinthians 6:1, 1 Corinthians 3:9
53. I am seated with Christ in the heavenly realm. Ephesians 2:6
54. I am God’s workmanship. Ephesians 2:10
55. I can do all things through Christ who gives me the strength I need. Philippians 4:1

**Topics**

Feeling Weighed Down?

May God Himself, the God of peace, sanctify you through and through. May your whole Spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ. 1 Thessalonians 5:23

Power for the Day

For it is God who works in your to will and to act according to His good purpose Philippians 2:13

O Lord, You have searched me and You know me. You know when I sit and when I rise; You perceive my thoughts from afar. You discern my going out and my lying down. You are familiar with all my ways. Before a word is on my tongue You know it completely, O Lord. You hem me in-behind and before; You have laid Your hand upon me. Such knowledge is too wonderful for me, too lofty for me to attain. Where can I go from Your Spirit? Where can I flee from Your presence? If I go up to the heavens, You are there; if I make my bed in the depths, You are there. If I rise on the wings of the dawn, if I settle on the far side of the sea, even there Your hand will guide me, Your hand will hold me fast. If I say, “Surely the darkness will hide me and the light become night around me” even the darkness will not be dark to You; the night will shine like the day, for the darkness is as light to You Psalm 139:1-12

….to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God. Ephesians 3:18-19

This day I call heaven and earth as witnesses against you that I have set before you life and death, blessings and curses. Now choose life, so that you and your children may live. Deuteronomy 30:17

Be strong and courageous, because you will lead these people to inherit the land I sword to their forefathers to give them. Be strong and very courageous. Be careful to obey all the law my servant Moses gave you; do not turn from it to the right or to the left, that you may be successful wherever you go. Do not let this Book of the Law depart from your mouth; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful. Have I not commanded you? Be strong and courageous, Do not be terrified; Do not be discouraged, for the Lord your God will be with you wherever you go. Joshua 1:6-9

 Rewiring/Renewing the Mind

Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is –His good, pleasing and perfect will Romans 12:2

But we have the mind of Christ. 1 Corinthians 3:16

For God did not give us a spirit of timidity, but a spirit of power, of love and of self-discipline. 2 Timothy 1:7

Search me. O God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting. Psalm 139:23-24

We demolish arguments and every pretension that sets itself up against the knowledge of God and we take captive every thought to make it obedient to Christ. 2 Corinthians 10:5

For as he thinks in his heart, so is he. Proverbs 23:7

Therefore, get rid of all moral filth and the evil that is so prevalent and humbly accept the word planted in you, which can save you. Do not merely listen to the word, and so deceive yourselves. Do what it says. James 1:21-22

Direction

Do not turn to the right or the left; keep your foot from evil. Proverbs 4:27

The heart of the wise inclines to the right, but the heart of the fool to the left. Ecclesiastes 10:2

Whether you turn to the right or to the left, your ears will hear a voice behind you, saying: “This is the way, walk in it” Isaiah 30:21

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